



# Indian School Al Wadi Al Kabir

## Second Rehearsal Examination (2025-2026)

### Skill Education

Class: X

HEALTH CARE (413)

Max. marks: 50

Date: 02/02/2026

Set- I

Time: 2 hours

#### General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **21 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (5 + 16 =) 21 questions, a candidate has to answer (5 + 10 =) 15 questions in the allotted (maximum) time of 2 hours.**
5. All questions of a particular section must be attempted in the correct order.


#### 6. SECTION A - OBJECTIVE TYPE QUESTIONS (24 MARKS):


- i. This section has 05 questions.
- ii. There is no negative marking.
- iii. Do as per the instructions given.
- iv. Marks allotted are mentioned against each question/part.

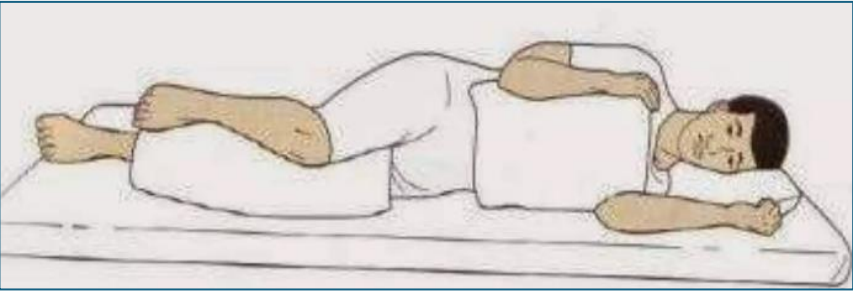
#### 7. SECTION B – SUBJECTIVE TYPE QUESTIONS (26 MARKS):

- i. This section contains 16 questions.
- ii. A candidate has to do 10 questions.
- iii. Do as per the instructions given.
- iv. Marks allotted are mentioned against each question/part.


#### SECTION A: OBJECTIVE TYPE QUESTIONS

Q.1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)	
i.	 Which method of communication is depicted in the figure given - (a) No Parking (b) No mobile	1

	(c) No entry (d) No Pets	
ii.	Rani works hard to get the best student award at the end of year. What type of motivation is this? (a) Internal (b) External (c) Both internal and external (d) Not any specific type of motivation	1
iii.	_____ is one of the most effective stress-relieving techniques. (a) Exercise schedule management (b) Time management (c) Diet management (d) Attitude management	1
iv.	What is the term used when you press and hold the left mouse key and move the mouse around? (a) Highlighting (b) Dragging (c) Selecting (d) Moving	1
v.	Ravi's customer comes to his store and starts shouting at him. He does not get angry. He listens to what his customer is saying. He is _____. (a) hardworking (b) confident (c) patient (d) prying new ideas	1
vi.	 <p>Identify the Sustainable Development Goal represented in the picture shown above. (a) No Poverty (b) Zero Hunger (c) Good Health and well being (d) Quality Education</p>	1
<b>Q.2</b>	<b>Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>	
i.	Ophthalmology is a specialised department which deals with - (a) Deals with medical care of infants, children, and adolescents. (b) Deals with the diagnosis, prevention, and treatment of diseases, disorders and conditions of the oral cavity, especially the teeth (c) Deals with Ear-Nose-Throat (d) Deals with treatment of diseases related to eyes	1
ii.	_____ is responsible for day-to-day maintenance of hospital equipment and other hospital facility. (a) Social Services Department (b) Transportation Services (c) Maintenance and Engineering (d) Cleaning and Laundry	1

iii.	Which level of medical care is out of reach of common people? (a) Primary Care Level (b) Secondary Care Level (c) Secondary and Tertiary Care Level (d) Tertiary and Quaternary Care Level	1
iv.	Hospitals owned by an individuals or group of doctors/individuals and they are run on a commercial basis. (a) Voluntary Hospital (b) Private Nursing Hospital (c) Corporate Hospital (d) Government Hospital	1
v.	A _____ uses computers for documentation with an electronic health record or electronic medical record. (a) General Duty Assistant (b) Patient (c) Laundry man (d) Ward assistant	1
vi.	The science that deals with the structures of the body and the relationship of various parts to each other is known as _____. (a) Arthrology. (b) Osteology. (c) Mycology (d) Anatomy	1
<b>Q.3 Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>		
i.	What is a Care Plan? (a) A financial plan for hospital expenses (b) A set of actions to support patient care (c) A list of doctors on duty (d) A record of hospital supplies	1
ii.	Identifying which of the following is included in patient care? (a) Patient's insurance details (b) Patient's vital signs (c) Staff attendance (d) Hospital utilities schedule	1
iii.	Which action is part of care of patients? (a) Making the bed for the patient (b) Prescribing medication (c) Cleaning the treasury (d) Recording hospital income	1
iv.		1

	<p>One of the basic procedures that a General Duty Assistant (GDA)/Nurse performs most frequently is that of changing the patient's position. Identify the patient's position in the figure given above.</p> <p>(a) Prone position  (b) Fowler's Position  (c) Lateral Position  (d) Ventral Position</p>	
v.	<p>The food source of vitamin A is -</p> <p>(a) Orange, ripe yellow fruits, leafy vegetables, carrots, pumpkin, spinach  (b) Oatmeal, brown rice, vegetables, potatoes, eggs  (c) Meat and other animal products  (d) Dairy products, bananas, popcorn, green beans</p>	1
vi.	<p>The first point of contact for the patients, visitors, doctors, and staff members.</p> <p>(a) General Duty Assistant  (b) Ambulance Driver  (c) Receptionists  (d) Public Relations Officer</p>	1
<b>Q.4 Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>		
i.	<p>What is the study of tiny organisms that can cause disease called?</p> <p>(a) Pathology  (b) Microbiology  (c) Epidemiology  (d) Virology</p>	1
ii.	<p>Which term refers to an organism that can cause disease?</p> <p>(a) Antibody  (b) Pathogen  (c) Vaccine  (d) Antibiotic</p>	1
iii.	<p>Which of the following is a <i>key goal</i> of sterilization and disinfection in a hospital?</p> <p>(a) Promote hospital tourism  (b) Eliminate microbes to prevent infection spread  (c) Increase patient admissions  (d) Change hospital layout</p>	1
iv.	<p>Hospital-acquired infection is associated with:</p> <p>(a) Disease present before admission  (b) Infection acquired during hospital stay  (c) Infection acquired only outside hospital  (d) Genetic diseases</p>	1
v.	<p>Beriberi is a deficiency disease caused due the deficiency of -</p> <p>(a) Vitamin A  (b) Vitamin B1  (c) Vitamin B12  (d) Vitamin B2</p>	1
vi.	<p>Write the full form of ERS.</p> <p>(a) Emergency Response Service  (b) Emergency Relief Service</p>	1

	(c) Emergency Relevant Service (d) Emergency Record Service	
<b>Q.5</b>	<b>Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)</b>	
i.	What is the primary purpose of first aid? (a) To perform major surgery immediately (b) To preserve life and prevent worsening of condition (c) To diagnose the disease (d) To complete paperwork	1
ii.	Which of the following is <i>not</i> part of the fundamental rules of first aid? (a) Preserve life (b) Provide pain relief (c) Ensure protection from further harm (d) Diagnose the disease	1
iii.	In India telephone number for fire service station, for police and for emergency services/Ambulance is - (a) 101, 100 and 108 respectively (b) 100, 101 and 108 respectively (c) 108, 101 and 100 respectively (d) 101, 108 and 100 respectively	1
iv.	In first aid for a deep cut that is bleeding heavily, what is the correct immediate action? (a) Clean and bandage loosely only (b) Apply pressure to stop bleeding and call for medical help (c) Leave it open to air (d) Give the person food and water	1
v.	Sniffing helps bring more air (containing odours) over the - (a) Olfactory mucosa (b) Auditory mucosa (c) Gustatory mucosa (d) Optic mucosa	1
vi.	To talk with patients and their relatives effectively, it is essential that you develop good (a) Listening skills (b) Attitude (c) communication skills (d) Public Relations	1
<b>SECTION B: SUBJECTIVE TYPE QUESTIONS</b>		
<b>Answer any 3 out of the given 5 questions on Employability Skills (2 x 3 = 6 marks)</b>		
<b>Answer each question in 20 – 30 words.</b>		
Q. 6	 <p>Identify the type of verbal communication. Explain giving example.</p>	2

Q. 7	How can physical exercise and fresh air help to manage stress?	2
Q. 8	Write down the shortcut commands of the following – Copy, Paste, Print and Save	2
Q. 9	What are the two ways a person can earn a living?	2
Q.10	What is sustainable development?	2
<b>Answer any 4 out of the given 6 questions in 20 – 30 words each (2 x 4 = 8 marks)</b>		
Q.11	Why is it important to have rehabilitation care facilities in the healthcare delivery system?	2
Q.12	<b>What is the role of a General Duty Assistant (GDA) in implementing a Care Plan?</b>	2
Q.13	What is disinfection?	2
Q.14	Differentiate between the following: Sling and splints	2
Q.15	Write the function and example of – (i) Epithelial tissue (ii) Muscular tissue Protection, skin Movement, skeletal	2
Q.16	What is an emergency?	2
<b>Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)</b>		
Q.17	Explain the roles and functions of a clinic in the healthcare delivery system.	4
Q.18	Explain why monitoring vital signs is important in the care of patients.	4
Q.19	Explain the Epidemiological Triangle (Triad) for understanding infectious diseases and how they spread.	4
Q.20	Classify the different categories of burns and list the steps of first aid given for burns.	4
Q.21	Write a note on human respiratory system.	4